

# HEALTH AWARENESS BENEFITS

## PUTNAM COUNTY HOSPITAL

*"Taking Care Of Families For Generations To Come"*



1542 S. Bloomington St., Greencastle, IN 46135

(765) 653-5121 or 1-800-394-9338

[www.pchosp.org](http://www.pchosp.org)

# Men's Health Alert



## Prostate Cancer is the Most Common Cancer in Men

Many men do not know what the prostate is or what it does. It is because of this lack of knowledge many prostate problems go undetected until it is too late for treatment. The prostate is a walnut size gland found only in the male body that produces the fluid for semen. It sits just below the bladder and surrounds the upper part of the urethra (the tube that carries urine away from the bladder). Common diseases of the prostate include: prostate cancer, enlarged prostate, and prostatitis.

**Prostate Cancer**, in its early stages, usually does not have symptoms. Symptoms do not usually surface until the later stages of this disease and may include: chronic pain in the hips, thighs, or lower back and blood in the urine or semen.

**BPH -- or benign prostatic hyperplasia --** is the medical term for an enlarged prostate. It may result in a range of uncomfortable symptoms such as frequent urination, incomplete emptying of the bladder, a weak urine stream or difficulty starting urination. As the prostate slowly continues to enlarge, symptoms may gradually worsen, interfering with sleep, physical comfort and routine activities. In rare cases, an untreated enlarged prostate may lead to an inability to urinate, incontinence, bladder stones, kidney infections and damage to the bladder, kidneys and urethra.

**Prostatitis** is an inflammation of the prostate that may be caused by an infection. It is the most common prostate problem for men under 50—so common that about half of adult men will be treated for it in their lifetime. Treatment options are available. Contact your doctor for more information.

Information from [www.prostatehealthguide.com](http://www.prostatehealthguide.com)

## Meet our Nationally Renowned Cancer Specialists!



William  
Dugan, Jr. M.D.



Hemachandra  
Venkatesh, M.D.



Frank  
Workman, M.D.

Putnam County Hospital  
is hosting a  
Prostate Health Screen  
November 11  
9 am-Noon  
4 pm-6pm

Call the Cancer Center for  
an Appointment at  
765-655-2581

Cost is \$10 for PSA Blood Test  
Physician Exam is FREE



*This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health-care provider. If you have any questions about the disease described above, consult a health-care provider.*

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