

Putnam County

Cancer Center



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## 2013 Outreach Plan and Outcomes for Early Detection Screening and Prevention Programs

One of the goals of the Putnam County Cancer Center is to be sure our program meets the needs of our community with early detection screening and prevention of cancers. In 2013, our Outreach Program has provided several presentations and services that are specifically geared toward the residents on Putnam County and some of the cancers that affect them. Lou Fordice, LPN, who has been the director of our successful Outreach Program for many years, stepped down from these duties in September this year. We are very grateful for the wonderful job she has done to help the education of many residents. Sarah Barnes, RN, has taken over the reins and done a remarkable job.

The ultraviolet rays of the sun are a threat to many of our area residents in this rural farming community, so there is a need for education concerning sun exposure, effects, and skin cancers. This year, we gave away over 400 tubes of sunscreen and skin cancer prevention information to area residents at our Cancer Center, the Putnam County Fair, and Local Physician Offices. We sponsored two Skin Screenings held on 5/29/13 and 10/16/13 with Dr. John Stephens, Dermatologist, volunteering for these exams. A total of 61 individuals were screened with 18 referred for further investigation.

October, which is breast cancer awareness month, has been very busy for us and we have participated with several activities such as passing out information at DePauw University's Dig Pink Women's Volleyball game. Representatives from our Cancer Center and Mammography Department have visited the North Putnam High School Volleyball team and spoke about the importance of self-breast exams and healthy living styles. We also attended the 5K Pink Halloween Fun Run/Walk held at Robe-Ann Park and passed out water to the participants. An educational e-mail was sent to all employees concerning breast cancer awareness. Information concerning breast cancer awareness and self-breast exams was made available at the clinic for hospital staff and visitors.

On November 19, our Cancer Center sponsored a Prostate Screening for 94 area men. Exams were performed by Dr. Sreedasyam and Dr. Landry who so graciously volunteered their time. We would like to thank the Putnam County Laboratory Department for donating their time to draw the PSA screening tests.

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This year, the Cancer Center sponsored a talk by Dr. Palanca concerning colon cancer and colonoscopy screening. The hospital physicians and staff were invited and we had great attendance. Educational E-mails about the importance of colonoscopies and colon cancer were also sent to all hospital employees.

The Putnam County Cancer Center was able to provide all of these services for our community with thanks to the Putnam County Community Foundation, Wal-Mart, CVS, PCH Auxiliary Guild members, PCH Dietary Department, Putnam Surgical Specialties, local volunteers, and our Cancer Clinic staff.

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